



#FD-116

Prompt:	Date:	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
1. Roll like a log.																			
2. Hop like a frog.																			
3. Walk like a crab.																			
4. Slither like a snake.																			
5. Stand like a flamingo.																			
6. Wiggle your nose like a bunny.																			
7. Touch your thumb to each finger.																			
8. Give yourself a hug.																			
9. Stretch up tall like a giraffe.																			
10. Crawl slowly like a turtle.																			
11. Chew like a cow.																			
12. Kick like a donkey.																			
13. Walk like a penguin.																			
14. Do five jumping jacks.																			
15. Fly like an airplane.																			
16. Walk like a duck.																			
17. Stand still as a statue.																			
18. Shake off like a wet dog.																			
19. Spin fast like a top.																			
20. Stand and stretch like a tree.																			
21. March.																			
22. Hop from one foot to the other.																			
23. Touch your fingertip to your nose.																			
24. Jump like a jumping bean.																			
25. Stop/freeze.																			
26. Make a fish face.																			
27. Flap your arms like a bird.																			
28. Jump from side to side.																			
29. Turn slowly like a sprinkler.																			
30. Skip.																			
31. Gallop like a horse.																			
32. Yawn and stretch.																			
33. Do a long jump.																			
34. Curl up into a ball.																			
35. Stand like a batter.																			
36. Look behind you.																			
37. Look at the ceiling.																			
38. Lift/kick your leg out in front of you.																			
39. Run.																			
40. Jump and shoot a basket.																			
41. Twist your arms side to side.																			
42. Pretend you are skiing.																			
43. Walk like a mummy.																			
44. Walk sideways.																			
45. Hop on one foot.																			
46. Shrug your shoulders.																			
47. Tap your toes.																			
48. Stand/walk on your tiptoes.																			
49. Stomp like a dinosaur.																			
50. Drum your hands on your knees.																			
51. Crawl on your belly.																			
52. Put your hands behind your neck.																			
53. Put your hands behind your back.																			
54. Signal a touchdown.																			
55. Squat low, then bounce up like a jack-in-the-box.																			
56. Make snow angels.																			
57. Walk on a tightrope/heel-to-toe.																			
58. Do a push-up.																			
Totals:	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/

Symbol Key: = correct response = incorrect response = _____





MOVE YOUR BODY!

Fun Deck®
#FD-116



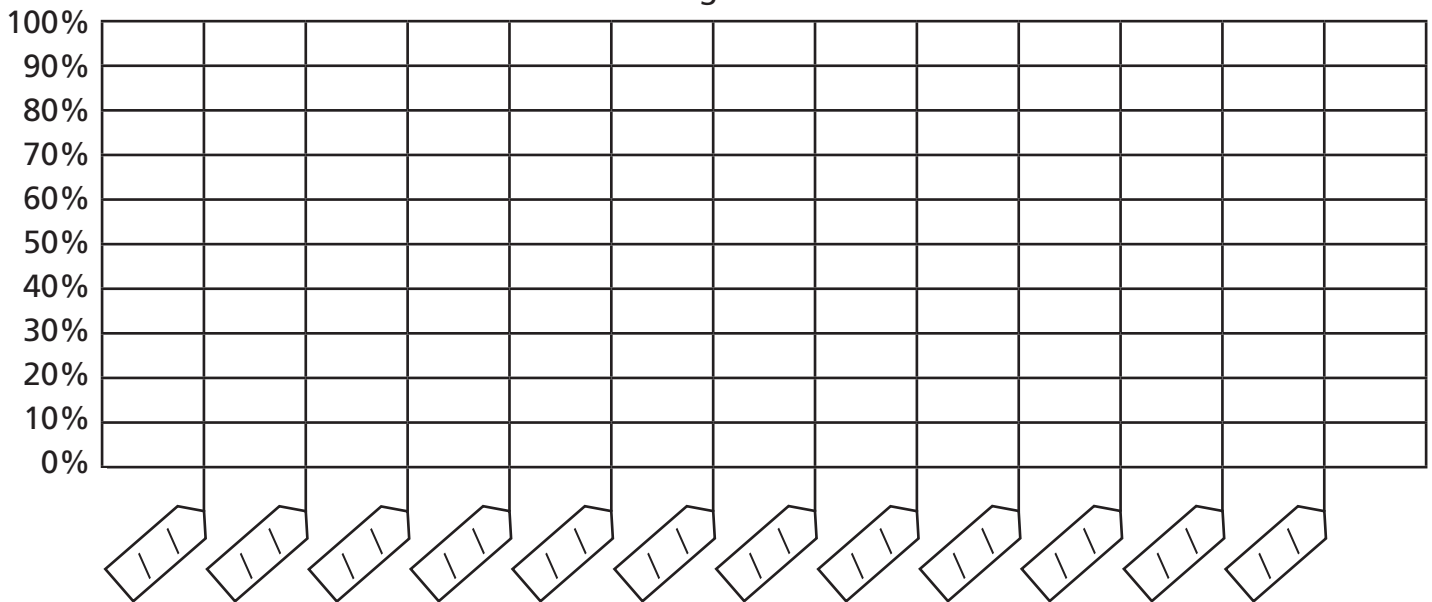
Student: _____

D.O.B.: _____

I.E.P. Due: _____

Goal: _____

Progress:



Notes: _____

Recommendations: _____

